

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Nothnagel**

Has successfully participated & completed the

**5km Prison Break Night Run & Walk #1**

held at Leeuwkop Golf Club.

**TIME 00:46:24**

**PACE 09:15/km**

**OVERALL 46 of 65**

**GENDER 30 of 47**

**50 - 59 4 of 9**

28 January 2020, Tue

Date



*BoutTime*

Signature

